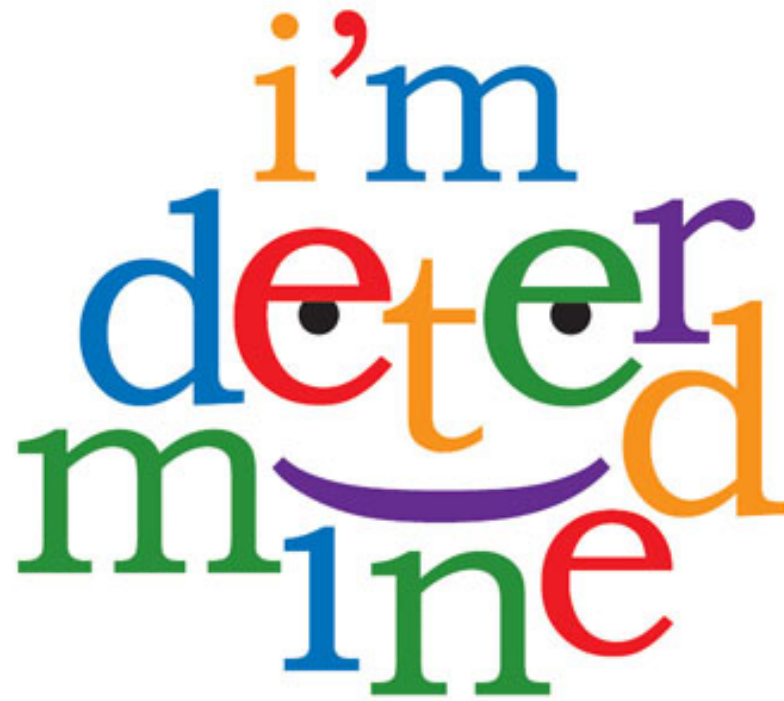
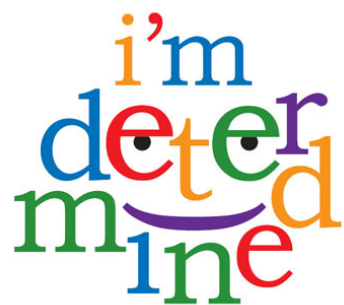
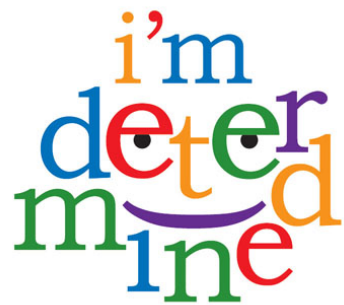


In the Middle & I'm Determined to Move Forward





www.indetermined.org

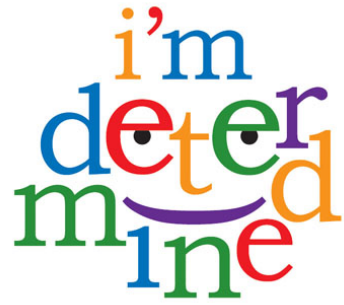


What is Self-Determination?

Acting as the primary causal agent in one's life and making choices and decisions regarding one's quality of life free from undue external influence or interference.

■ Wehmeyer, 1996





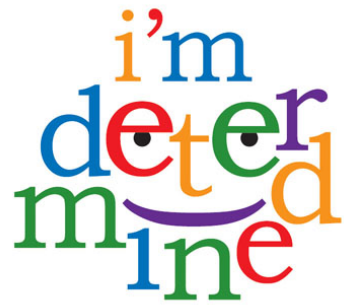
What is Self-Determination?



Knowing & believing
in yourself

Believe in
yourself and you
can achieve
anything...





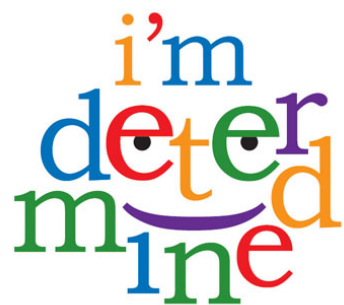
What is Self-Determination?

Knowing what you want your future to be like and how to make plans to achieve this future.

**FUTURE
PLANS**



"Have you given any thought to what you're going to do with your life after Summer Vacation?"



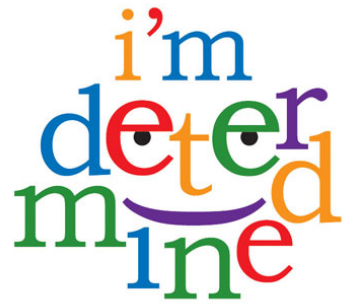
What is Self-Determination?



I ♥
ME

Knowing the supports that
you need to take control of
your life.

**Take
Control**



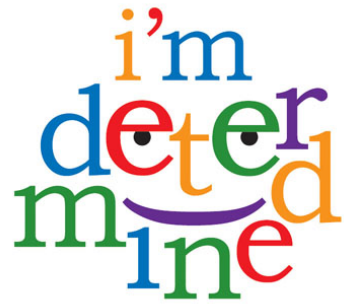
Our Focus



Use a person-centered approach to planning for the immediate and long-term future.



Wehmeyer & Kelchner, 1996; Wehmeyer & Metzler, 1996



Our Focus

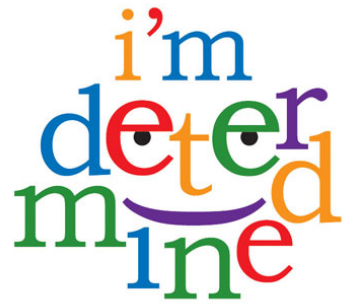


Promote inclusion in the community



Foster relationships

Wehmeyer & Kelchner, 1996; Wehmeyer & Metzler, 1996



Our Focus

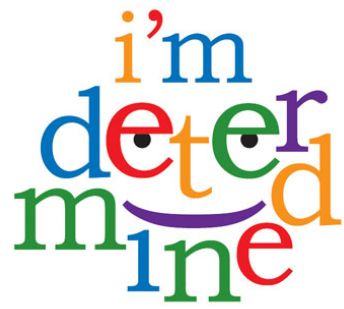
Help students make wise choices



Respect the individual and their value in society



Wehmeyer & Kelchner, 1996; Wehmeyer & Metlzer, 1996

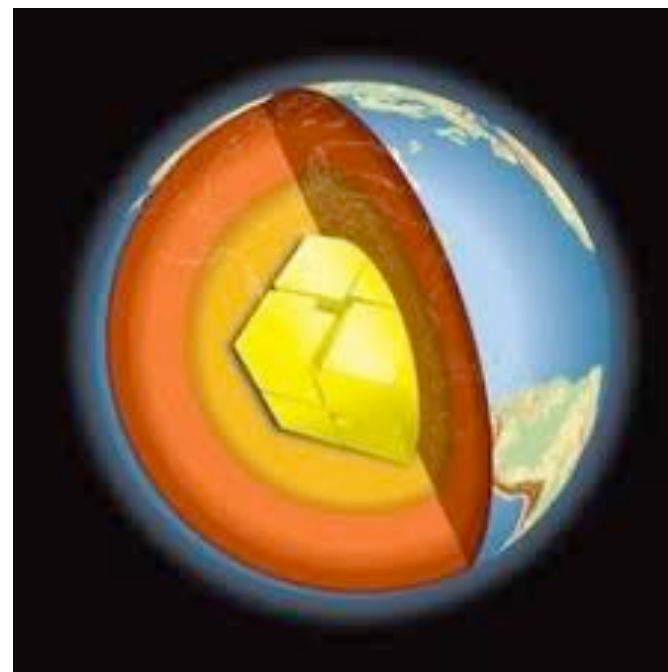


Core Components

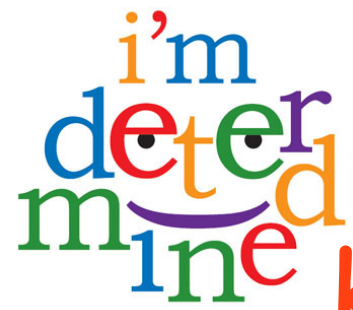
(combination of skills, knowledge & beliefs)



- Choice-making
- Decision-making
- Problem-solving
- Goal-setting & attainment
- Internal locus of control
- Positive attributes of efficacy and outcomes

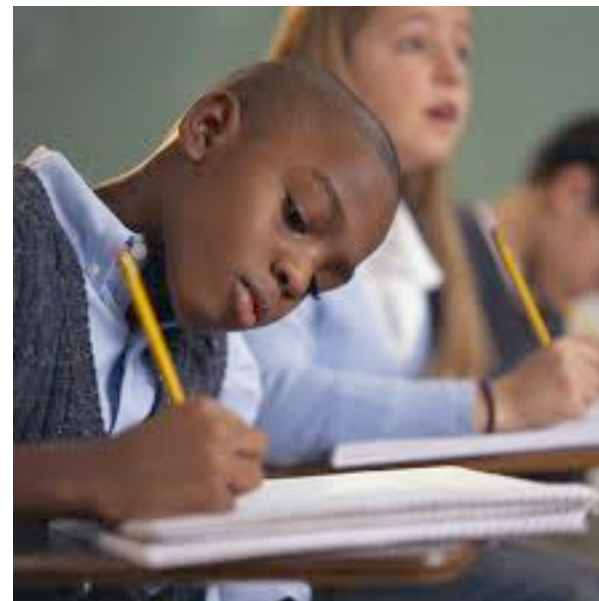


- Self-Observation
- Self-Evaluation
- Self-Reinforcement
- Self-Instruction
- Self-Advocacy & Leadership
- Self-Awareness
- Self-Knowledge



This We Believe

Keys to Educating Young Adolescents



This We Believe

Keys to Educating Young Adolescents



Association for Middle Level Education
formerly National Middle School Association

16 Characteristics

Curriculum, Instruction, and Assessment

Educators value young adolescents and are prepared to teach them. *Value Young Adolescents*

Students and teachers are engaged in active, purposeful learning. *Active Learning*

Curriculum is challenging, exploratory, integrative, and relevant. *Challenging Curriculum*

Educators use multiple learning and teaching approaches. *Multiple Learning Approaches*

Varied and ongoing assessments advance learning as well as measure it.
Varied Assessments

Leadership and Organization

A shared vision developed by all stakeholders guides every decision.
Shared Vision

Leaders are committed to and knowledgeable about this age group, educational research, and best practices. *Committed Leaders*

Leaders demonstrate courage and collaboration.
Courageous & Collaborative Leaders

Ongoing professional development reflects best educational practices.
Professional Development

Organizational structures foster purposeful learning and meaningful relationships. *Organizational Structures*

Culture and Community

The school environment is inviting, safe, inclusive, and supportive of all.
School Environment

Every student's academic and personal development is guided by an adult advocate. *Adult Advocate*

Comprehensive guidance and support services meet the needs of young adolescents.
Guidance Services

Health and wellness are supported in curricula, school-wide programs, and related policies.
Health & Wellness

The school actively involves families in the education of their children. *Family Involvement*

The school includes community and business partners. *Community & Business*

Essential Attributes

An education for young adolescents must be

Developmentally Responsive

using the nature of young adolescents as the foundation on which all decisions are made.

Challenging

recognizing that every student can learn and everyone is held to high expectations.

Empowering

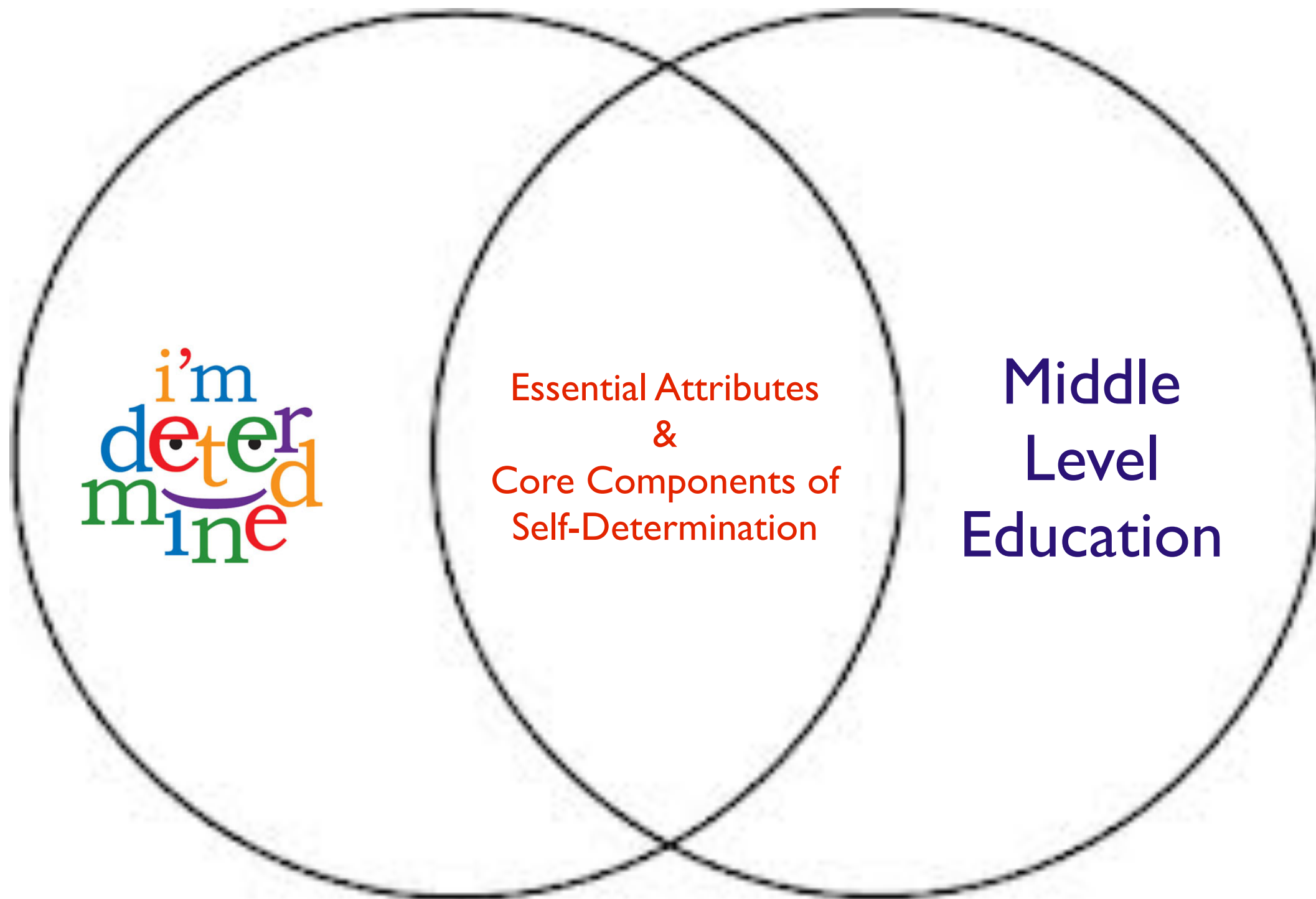
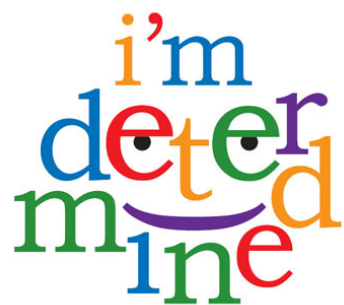
providing all students with the knowledge and skills they need to take control of their lives.

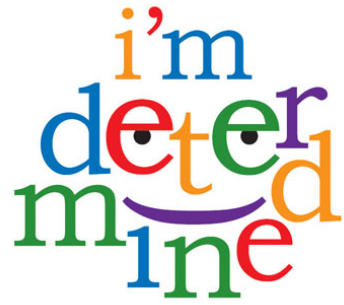
Equitable

advocating for every student's right to learn and providing challenging and relevant learning opportunities.

Association for Middle Level Education
**Successful Schools
for
Young Adolescents**

This chart is based on This We Believe: Keys to Educating Young Adolescents (AMLE 2010). For more information visit us at, www.amle.org

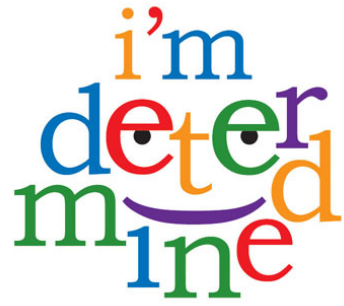




4 Essential Attributes



- ★ Developmentally Responsive
- ★ Challenging
- ★ Empowering
- ★ Equitable

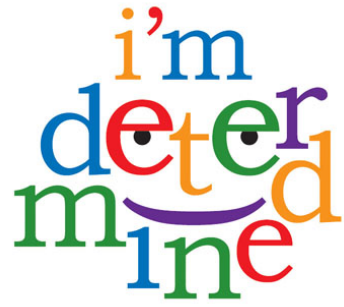


Developmentally Responsive



★ Using the nature of young adolescents as the foundation on which all decisions are made

Person Centered
&
Decision-Making

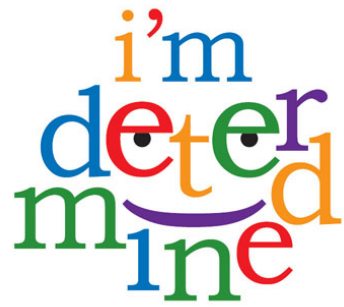


Challenging



★ Recognizing that every student can learn and everyone is held to high expectations

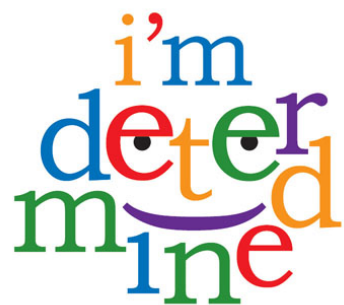
Goal Setting & Attainment
&
Internal Locus of Control



Empowering

★ Providing all students with the knowledge
and skills they need to take control
of their lives

Self-knowledge
&
Self-instruction



Equitable

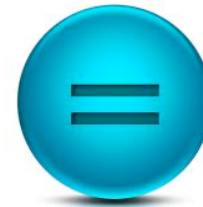


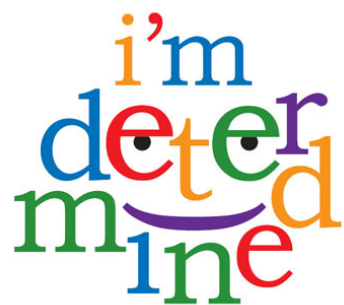
★ Advocating for every student's right to learn
and providing challenging and relevant
learning opportunities

Choice Making
Problem Solving
&
Self-Advocacy

Essential Attributes + Core Components

i'm
deter
mine





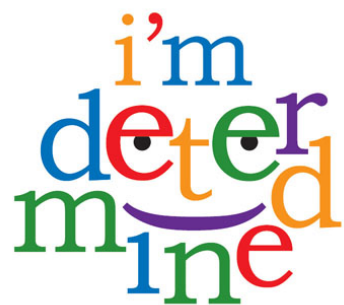
Are you
Determined?

i'm
deter
mine



A hundred years from now it
will not matter what my bank
account was, the sort of house
I lived in, or the kind of car
I drove...but the world may
be different because I was
important in the life of a child
- Kathy Davis





The Virginia Department of Education's Perspective on Youth Engagement

John Eisenberg
Assistant Superintendent
of
Special Education & Student Services

