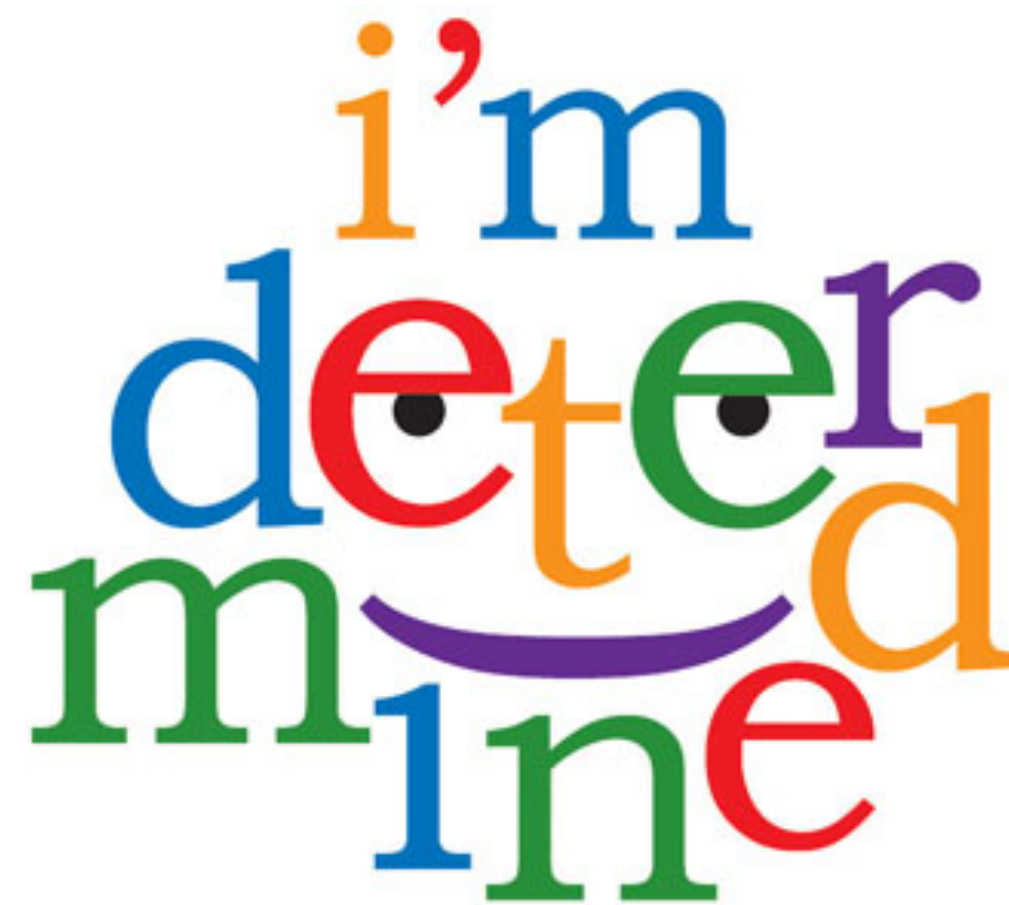


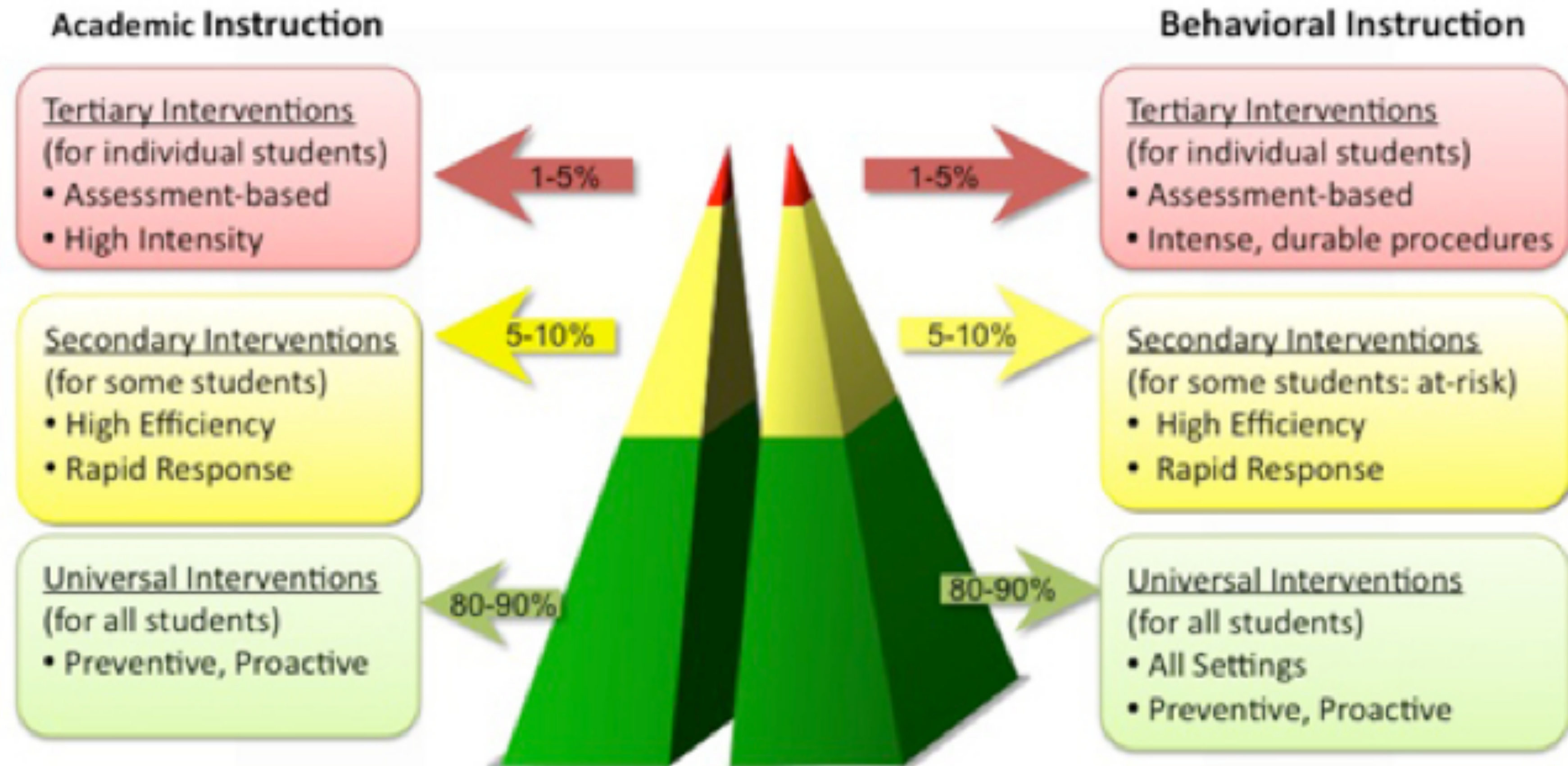
Innovations in Self-Determination: Using a tiered system of supports

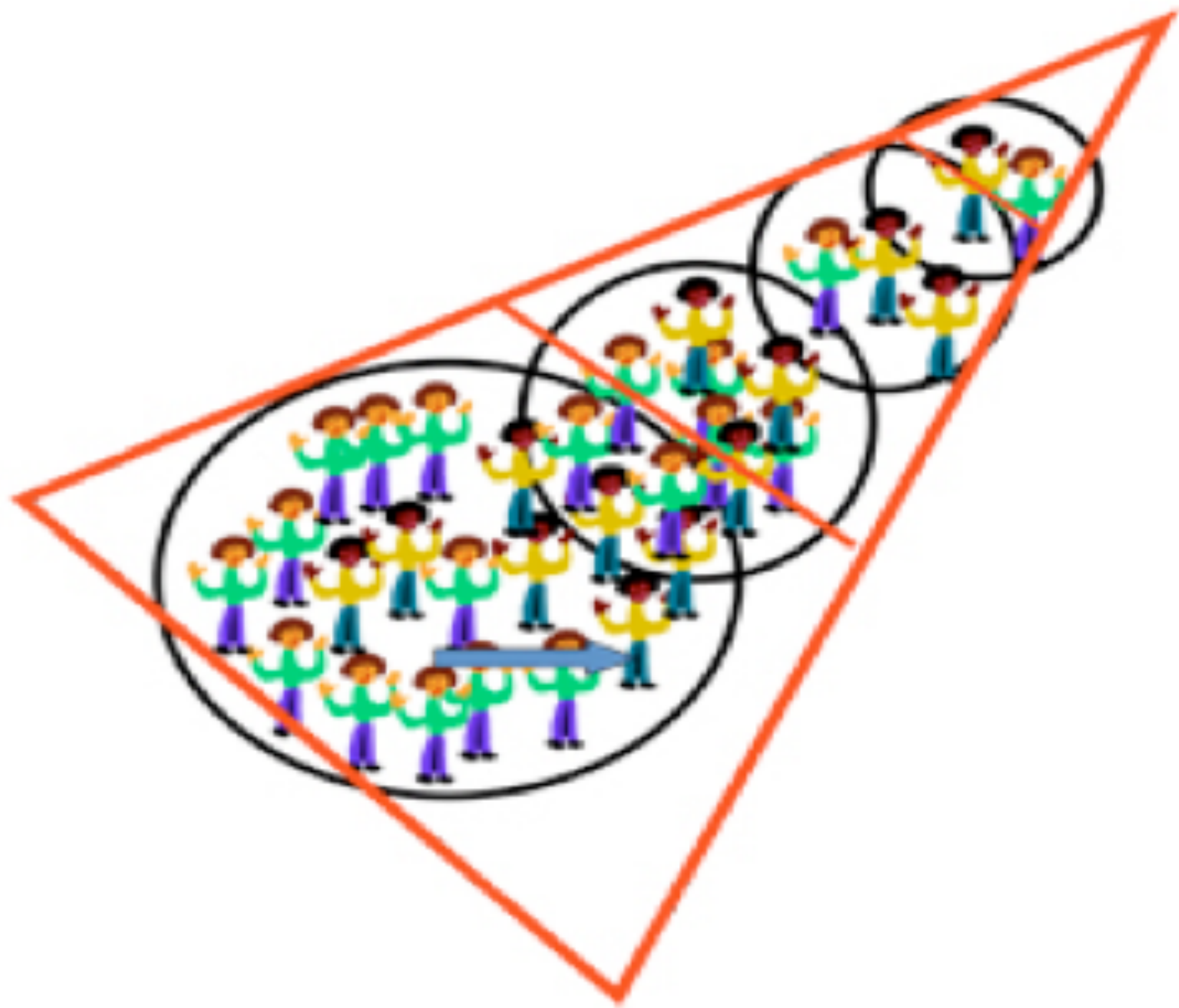
John McNaught
Statewide Coordinator
Virginia Department of
Education

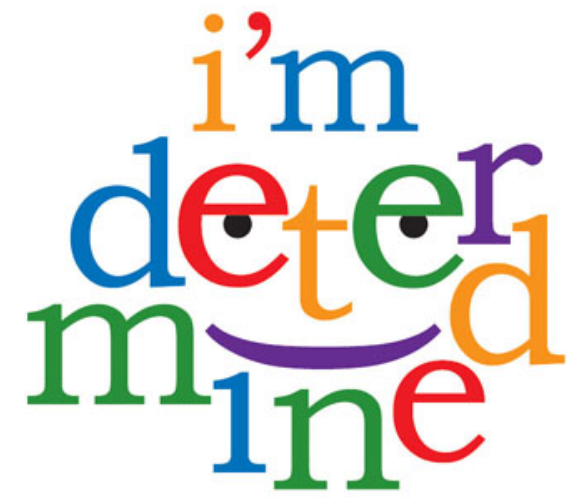
Teresa Cogar
Coordinator
T/TAC @ JMU



Designing Schoolwide Systems for Student Success







Our Focus



Use a person-centered approach to planning for the immediate and long-term future.

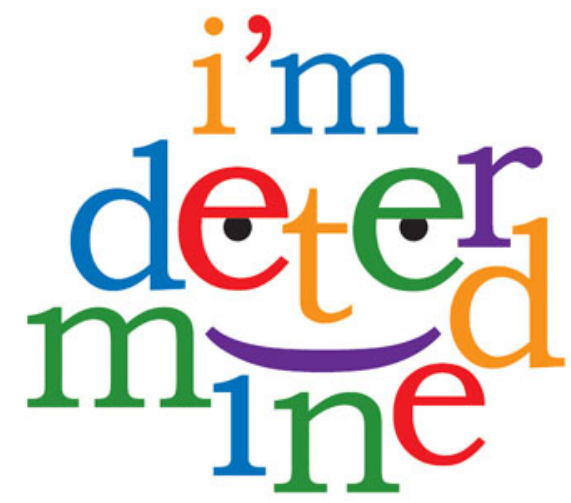
Promote inclusion in the community

Foster relationships

Respect the individual and their value in society

Help students make wise choices

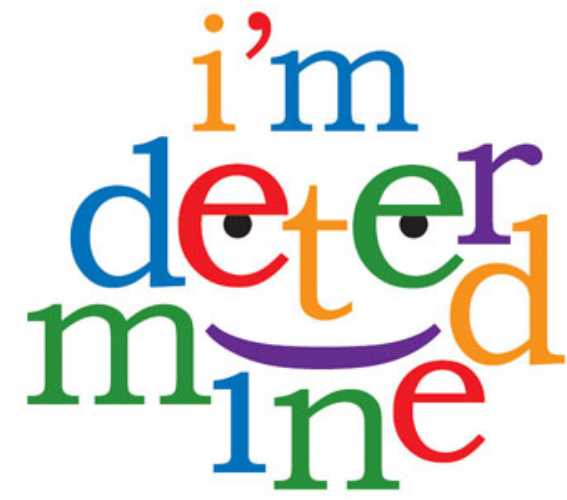
Wehmeyer & Kelchner, 1996; Wehmeyer & Metzler, 1996



Think of one child's future...

What are some of the factors that influence student's social/emotional competence long term?

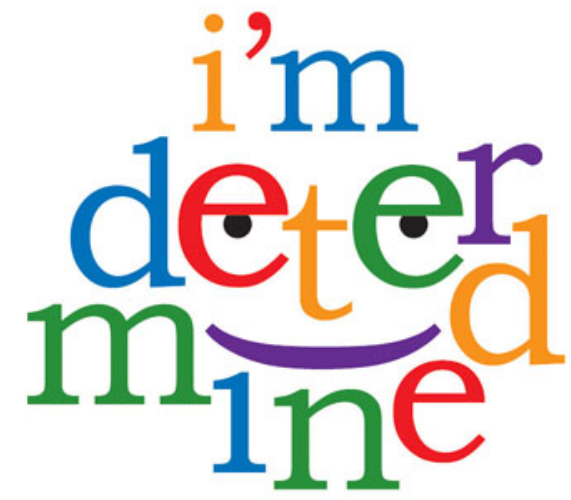




Core Components (combination of skills, knowledge & beliefs)

- Choice-making
- Decision-making
- Problem-solving
- Goal-setting & attainment
- Internal locus of control
- Positive attributes of efficacy and outcomes

- Self-Observation
- Self-Evaluation
- Self-Reinforcement
- Self-Instruction
- Self-Advocacy & Leadership
- Self-Awareness
- Self-Knowledge



Self- Determination

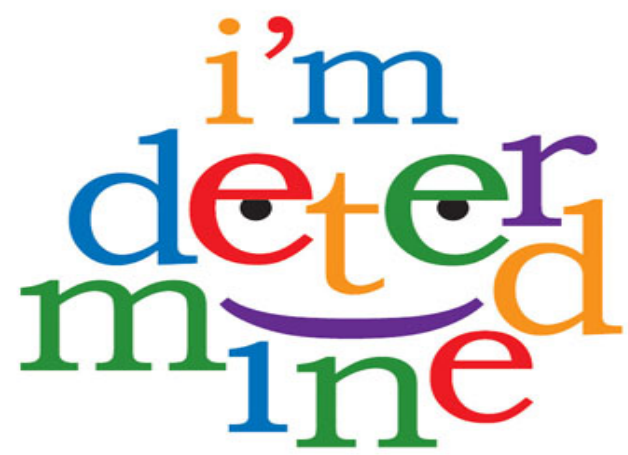
4 Interventions/strategies

- Good Day Plan
- 1 Pagers
- Goal Setting & Attainment

i'm
deter
mine

Good Day Plan





My Good Day Plan

Good Day

Now

Action

Support

What happens on a Good Day?

Does it happen now?

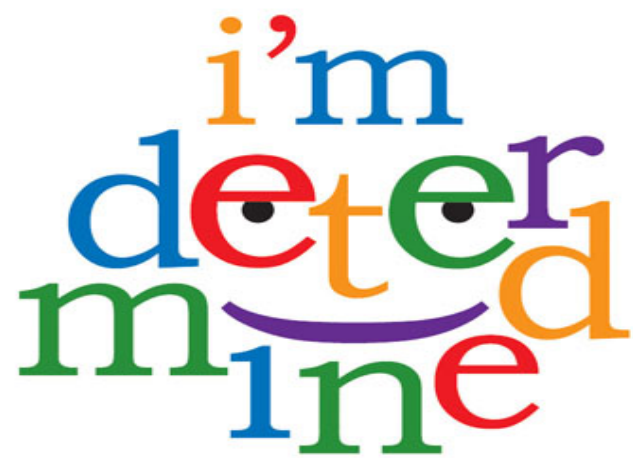
What needs to happen to make it a Good Day?

Who can help me?

❖

❖

❖



My Good Day Plan

Good Day

Now

Action

Support

What happens on a Good Day?

Does it happen now?

What needs to happen to make it a Good Day?

Who can help me?

breakfast at home

listen to music in shower

sit alone on bus/ stare out window

have all materials

positive contact w/ principals

to have my water/drink mixes and good lunch

avoid people I don't get along with

once in a blue moon

always

sometimes

almost always

just about every day

half the time

sometimes

❖

ask for/save breakfast foods

same

get a one person seat

get all things together the night before
see one every day

get it ready the night before

not go near them

❖

grandma

me

bus driver

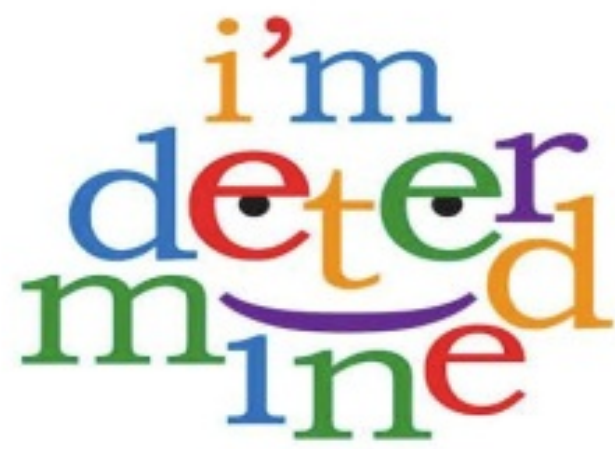
Ms. Greenfield/planner

principals

me/grandma

Ms. Greenfield

❖



My Good Day Plan

Good Day

What happens on a Good Day?



Now

Does it happen now?

- ❖ Hot cocoa every morning before school: once in awhile
- ❖ Head phones to listen to calm music on bus ride to school – not happening now
- ❖ Greeted at bus drop-off by class buddy – not happening now
- ❖ Morning task list – tried earlier in year and dropped

Action

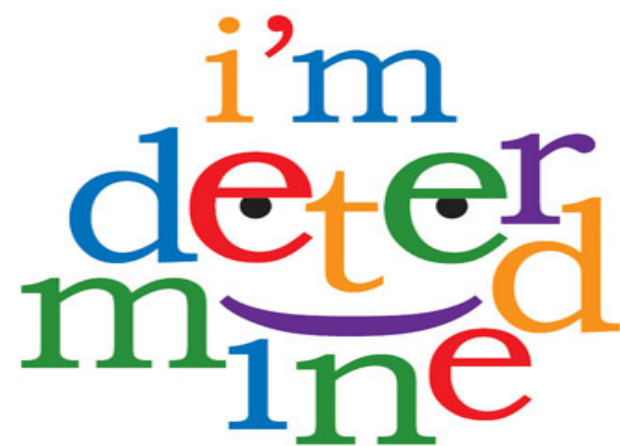
What needs to happen to make it a Good Day?

- ❖ Hot cocoa packet and mug by the microwave each night before bed
- ❖ Purchase headphones
- ❖ Talk with classroom teacher
- ❖ Reformat checklist – add graphics; hang on bulletin board near door

Support

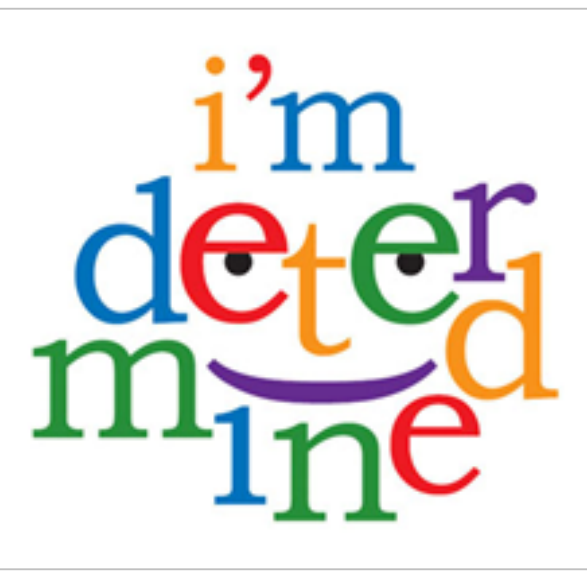
Who can help me?

- ❖ Mom 
- ❖ Mom 
- ❖ Case manager
- ❖ Classroom teacher

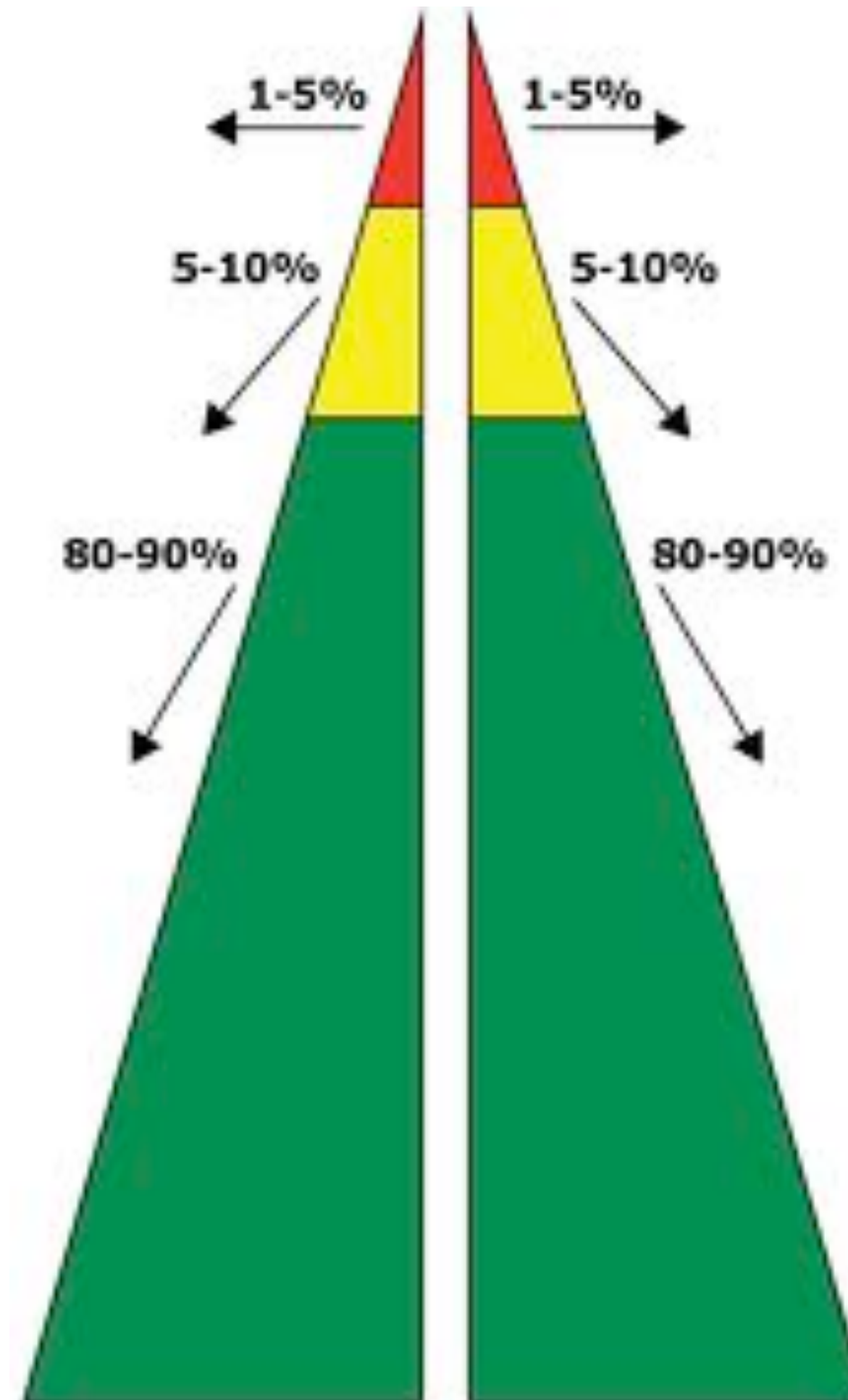


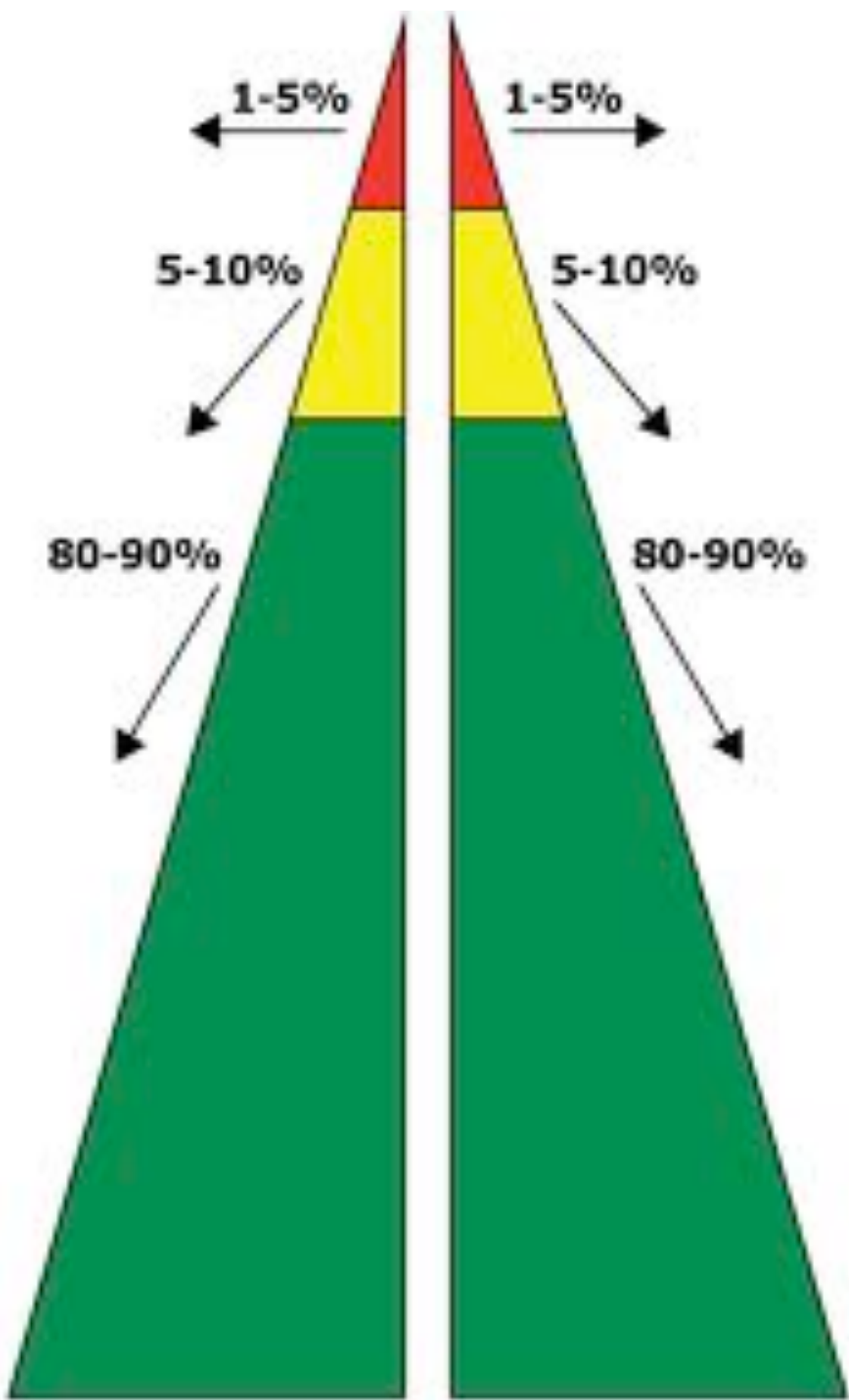
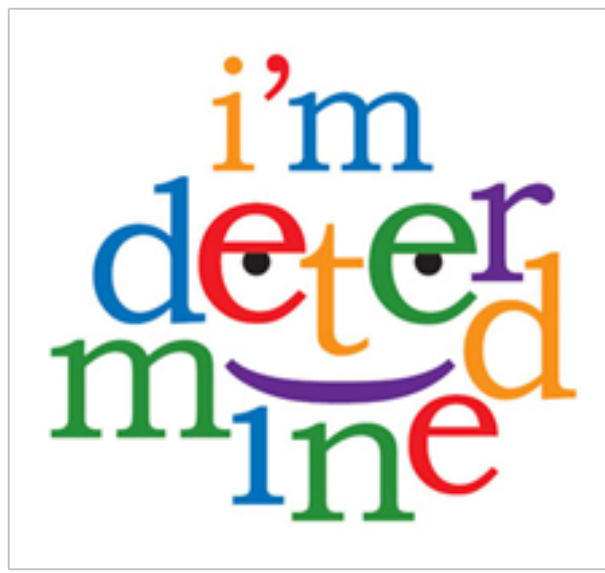
A Good Day Plan For:

	Good Day	Now	Action	Support
	What happens on a Good Day?	Does it happen now?	What needs to happen to make it a Good Day?	Who can help?
I M P O R T A N T T O				
I M P O R T A N T F O R				



Applying the Three-Tiered Logic to Your School





Tier 3

Student presents GDP as part
Of FBA/BIP meeting

Tier 2

Student gives to CICO
coordinator

Tier 1

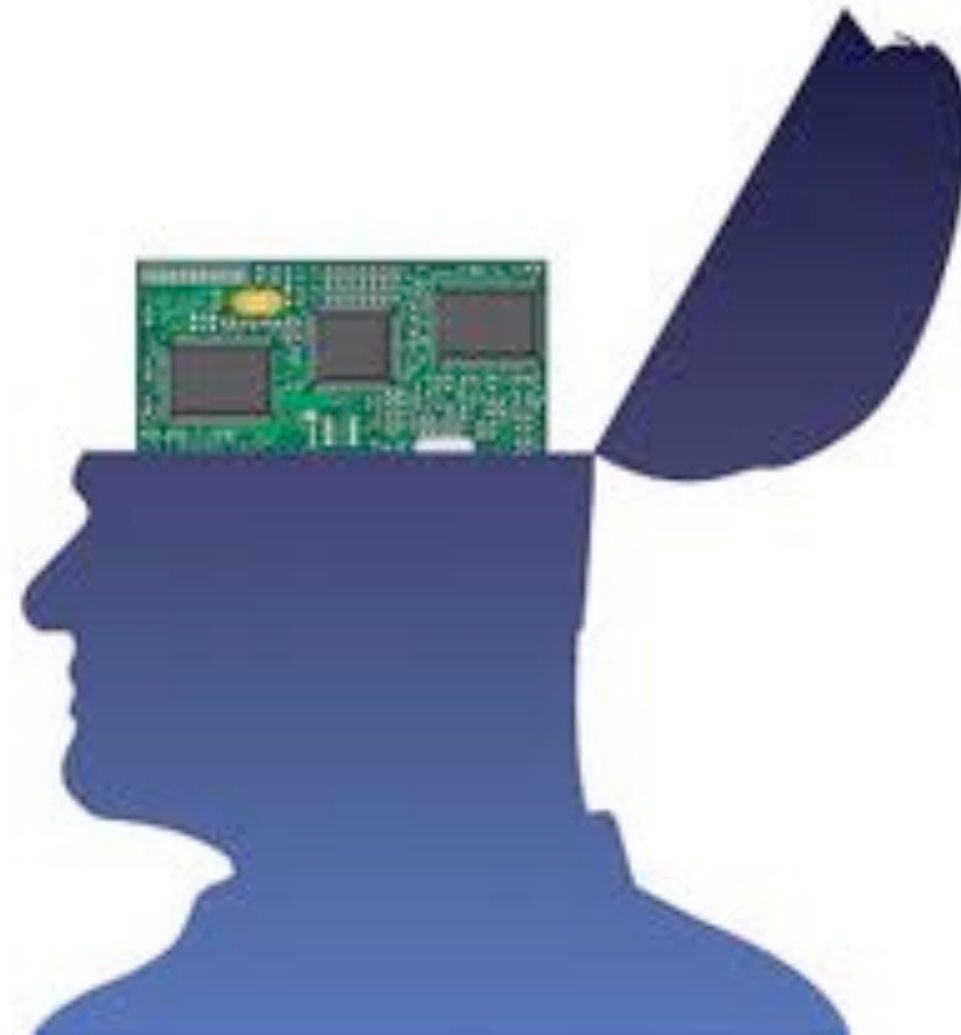
7th grade class
Creates class wide GDP

*Applying the
Three-Tiered
Logic to
Your School*

i'm
deter
mine

1

paggers



Name:
Address:
DOB:



Date:

My Strengths

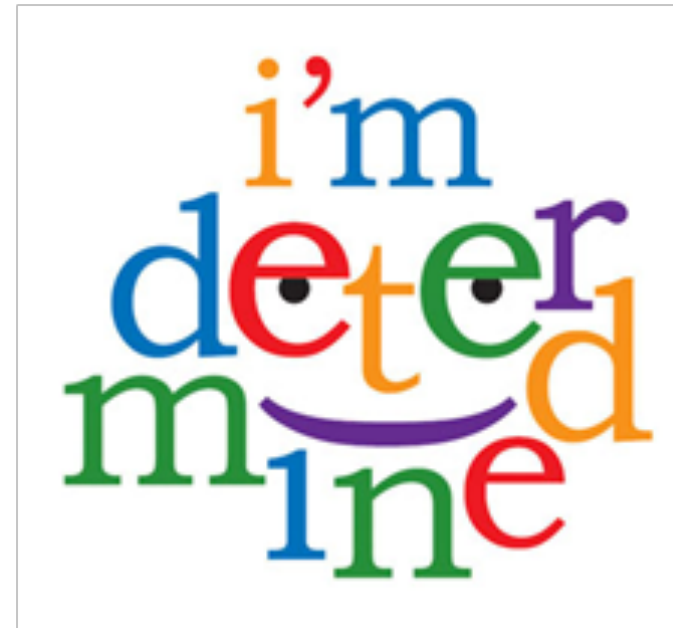
My Interests

My Preferences

My Needs



Name:
Address:
DOB:



Date:

My Strengths

- What am I good at?
 - Math
 - Listening
 - Soccer

My Preferences

- Where do I want to live?
- Where do I want to work?
- What do I want to do with my free time?
- Other adult choices?

My Interests

- What am I curious about?
- What do I enjoy doing?
 - Music, cooking, friends
 - Farming, shopping

My Needs

- What/Who do I need to succeed?
- Accommodations?
 - Books on tape
 - Planner
 - Copies of notes



Name:
Address:
DOB:

Date:



My Strengths

- I can see the big picture
- Money Management
- Good listener

My Interests

- Hunting and fishing
- My girls & wife
- My dog



My Preferences

- I learn best by listening & seeing, then doing
- I like to move around a lot
- I want to retire on the water and spend my days fishing

My Needs

- Notes ahead of time
- Sitting near the front of the room
- Visual and auditory directions



I Like To



Recycling



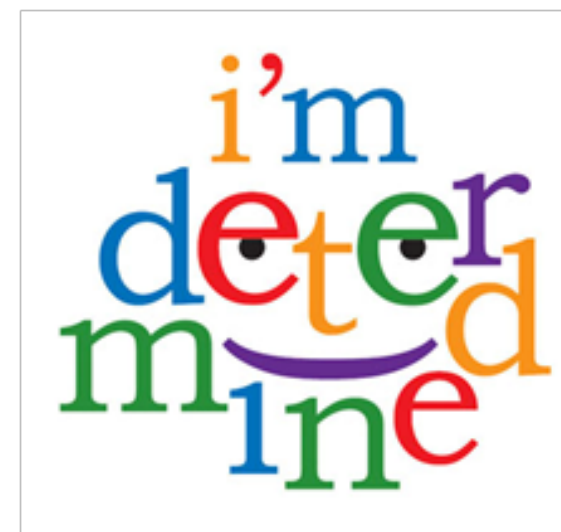
Delivering the Paper



Stocking at Wal-Mart



Shopping



Joe Marks

Accommodations that Work



Verbal Praise



Augmentative
Communication System



In the Future I Want To



Attend Homecoming
Parade



Attend Prom



Attend Senior Picnic



Attend Senior Breakfast



Graduate at the Siegel
Center

Name: Ryan

My Interests

- ❖ Football
- ❖ Scouts
- ❖ Hunting
- ❖ Fishing
- ❖ Camping
- ❖ Youth Group



I Want You to Know

- ❖ I am good with my hands.
- ❖ I killed my first deer while in 6th grade.
- ❖ I have a poodle named Lacey.
- ❖ My brother goes to Engr. School at VCU.
- ❖ I am almost an Eagle Scout.
- ❖ I am a Brotherhood of Order of the Arrow.
- ❖ Reading and writing are hard for me.



Accommodations that Work

- ❖ Extended time on assignments
- ❖ Do-overs/Retakes
- ❖ Graphic Organizers
- ❖ Reading of test items
- ❖ Wait time when asked a questions

Name:
Address:
DOB:



Date:

What Got Me to DLC



Courses I'm Working On



Changes I'd Like to Make



Goals

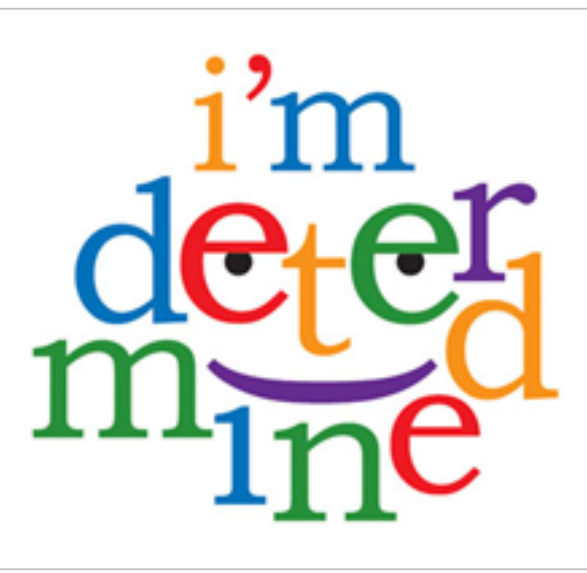


My Hobbies/Interests

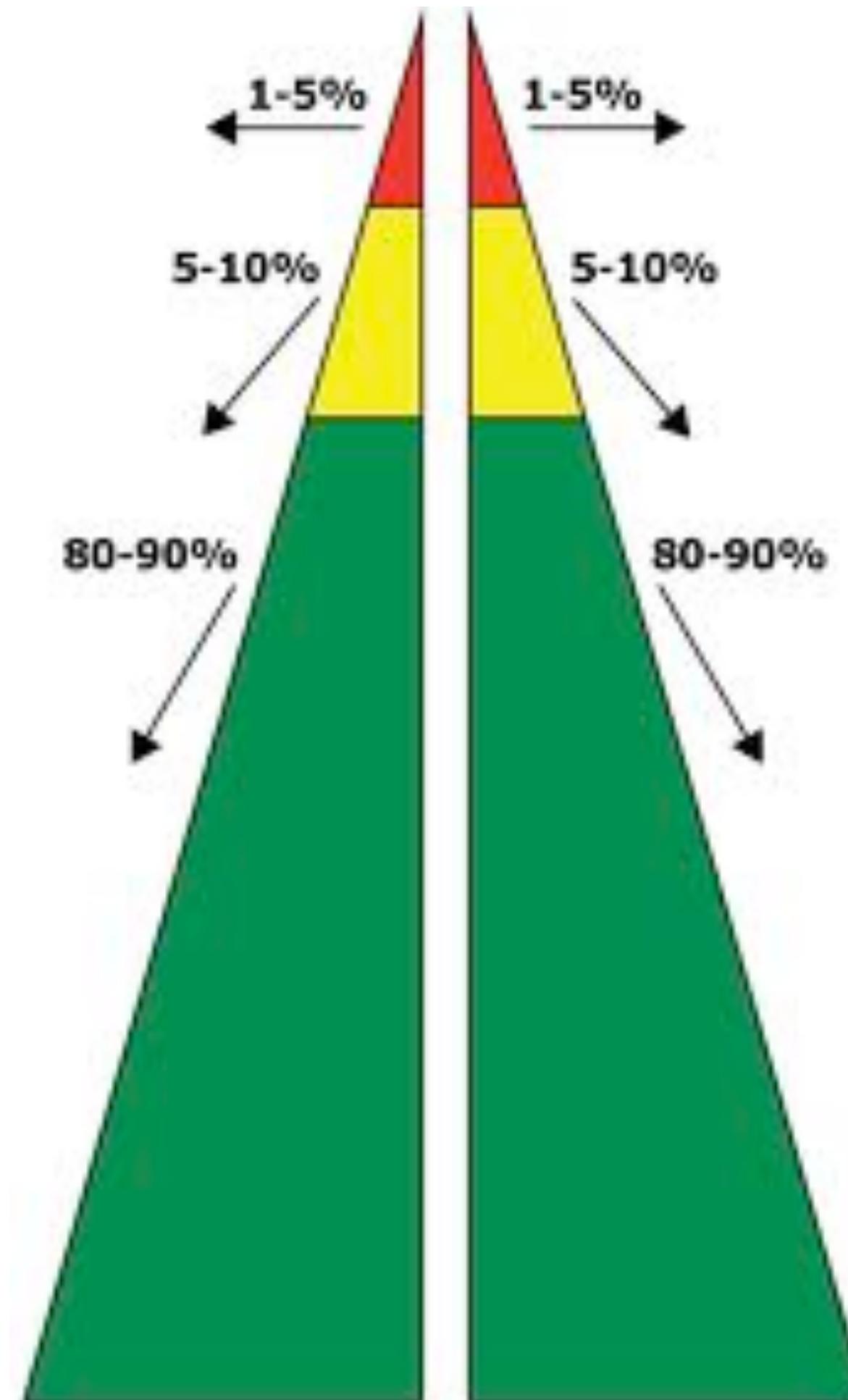


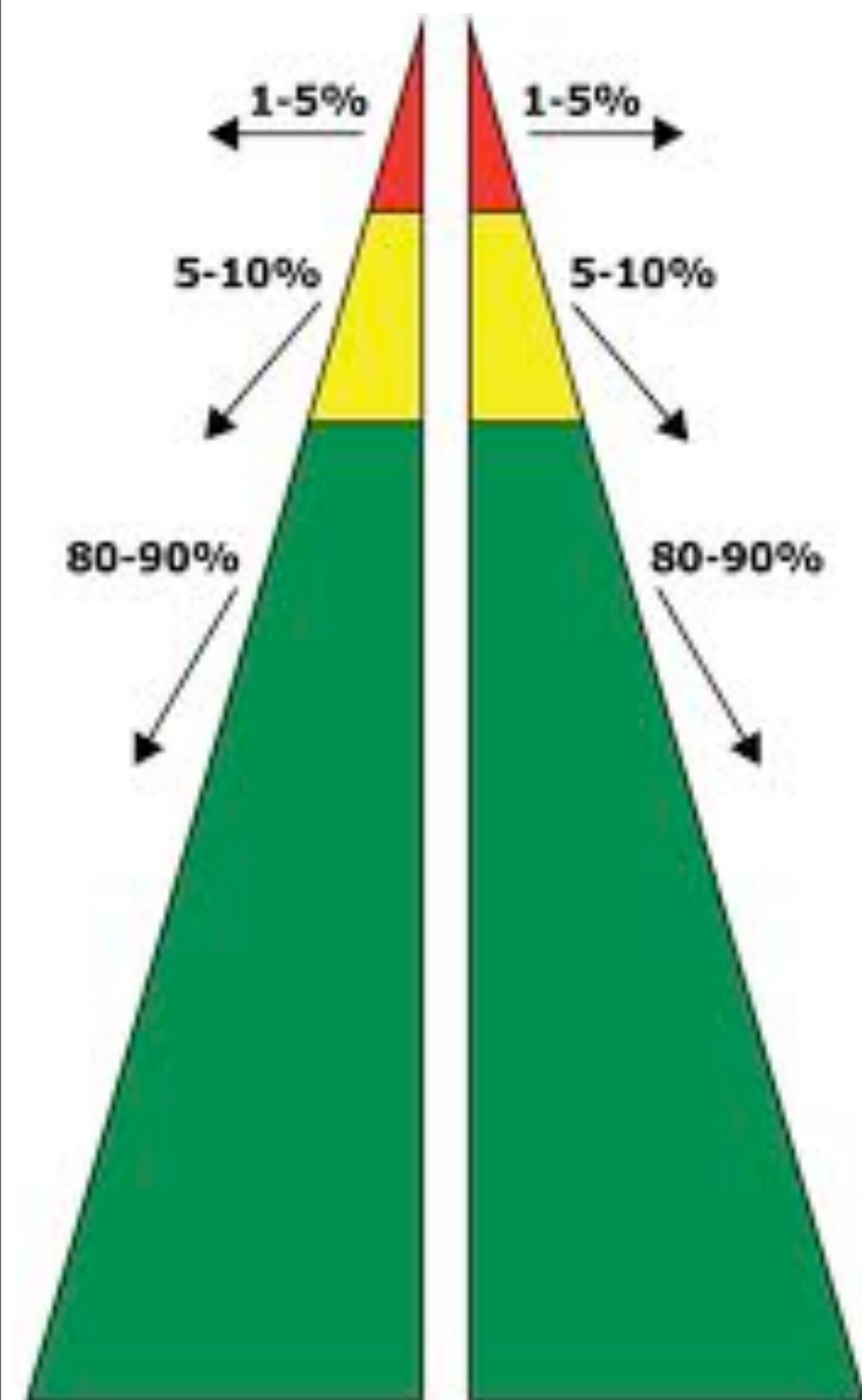
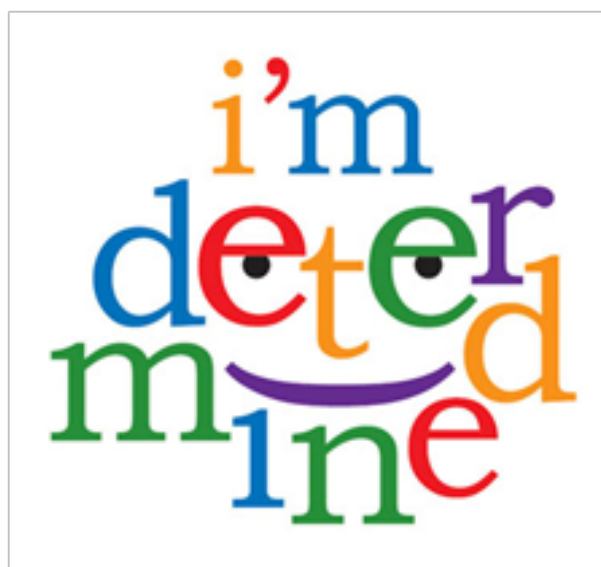
What Helps Me Work





Applying the Three-Tiered Logic to Your School





Tier 3

Individual students sends one to all Teachers prior to school year starting

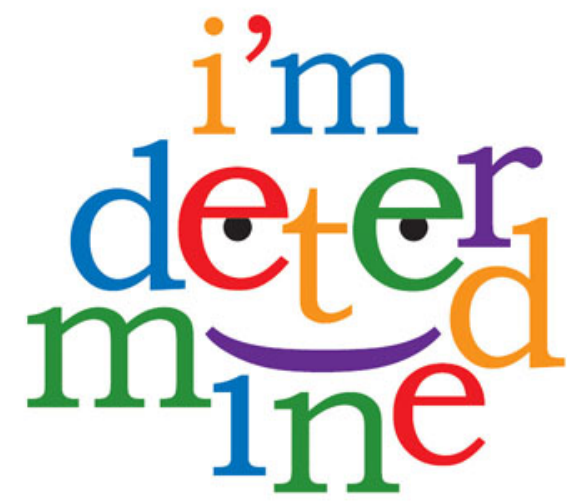
Tier 2

Students at-risk for failing class
Create one for teachers

Tier 1

Entire 9th grade class during
1st week of school

*Applying the
Three-Tiered Logic
to Your School*

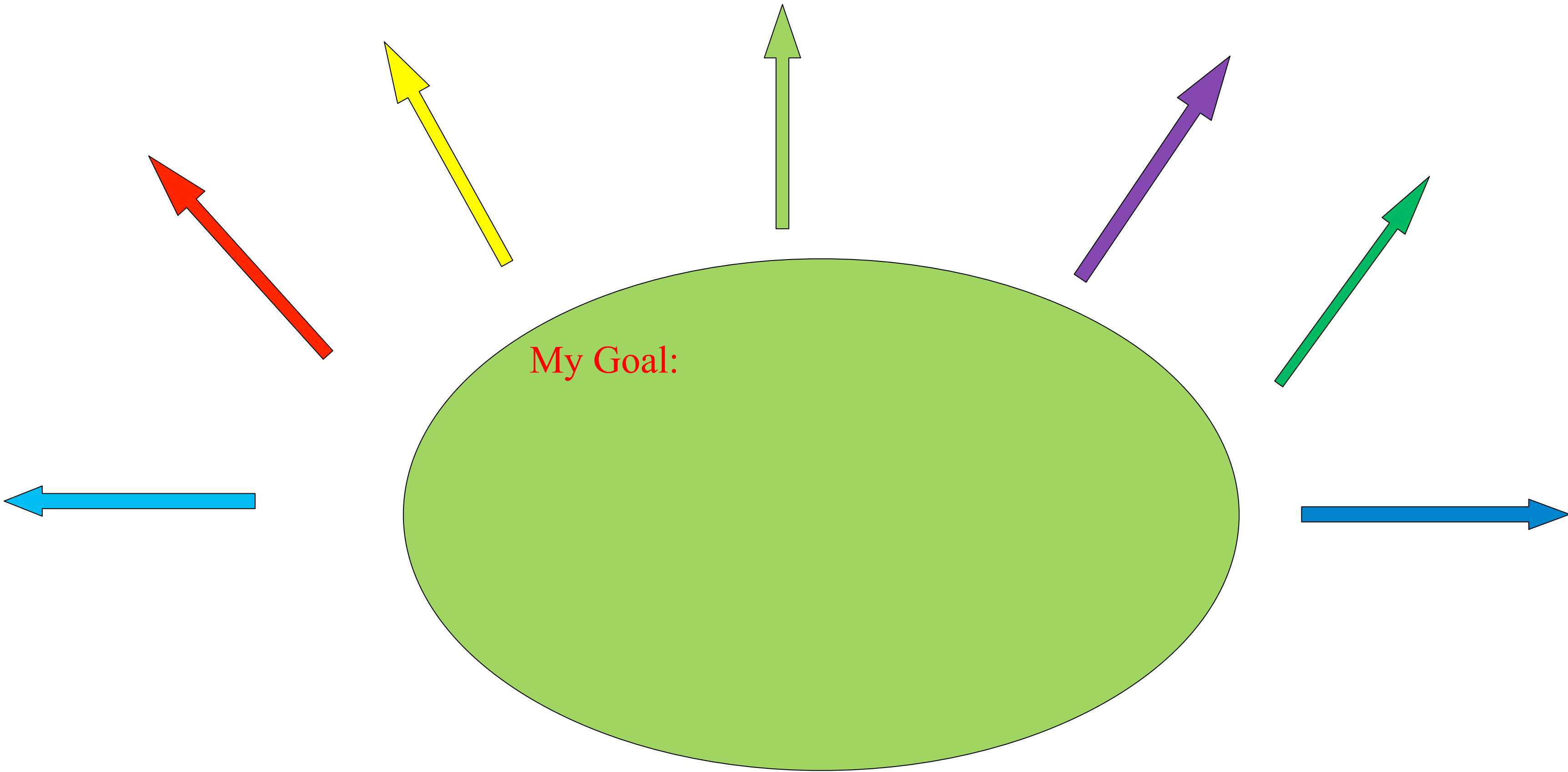


Goal Setting & Attainment

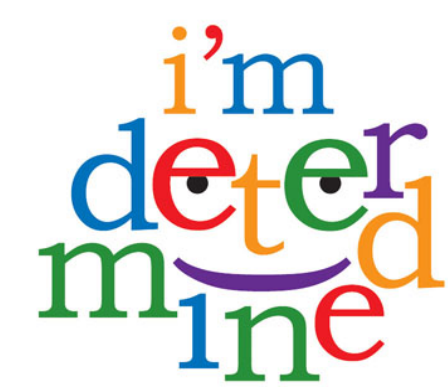
Go confidently
in the direction
of your dreams!
Live the life
you've imagined.

-Thoreau





What I need to do to get there:





I enjoy pushing myself

Experience in harder classes

Prove to others I can do it

One step closer to the Real World

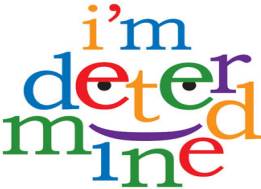
**Advanced Diploma
By 2009**

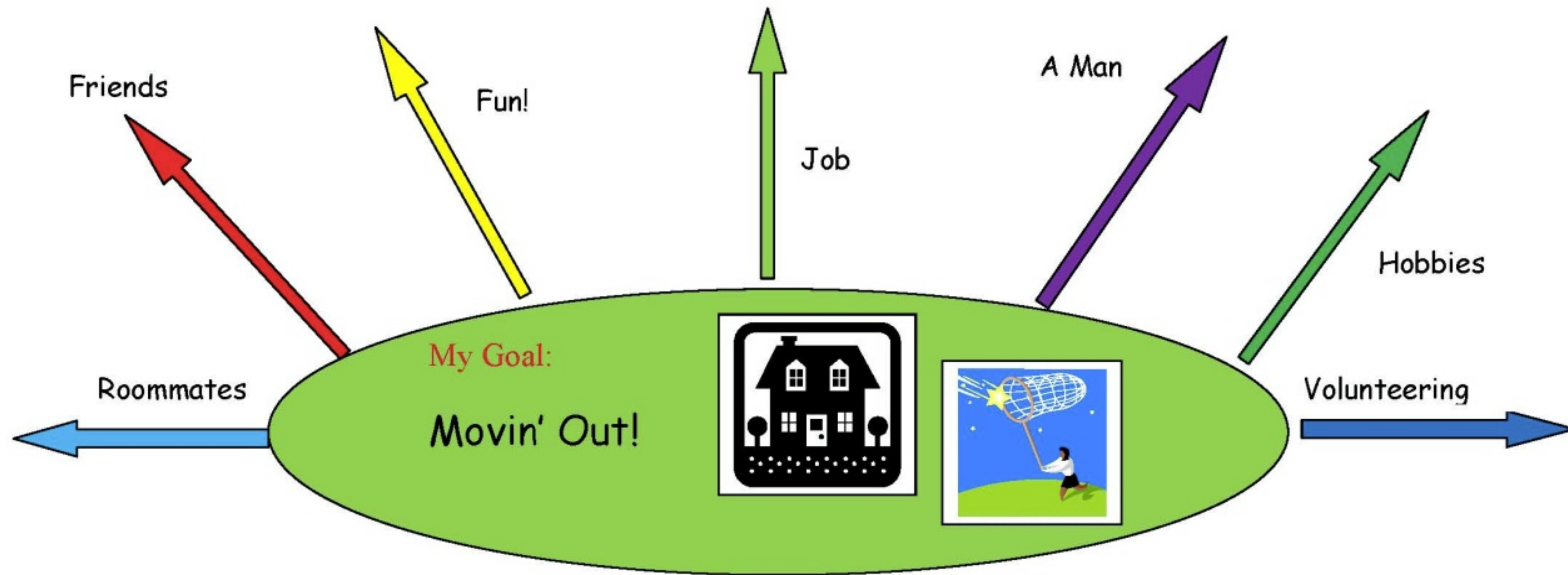
Help get into college

A sense of achievement

- ❖ **Pass all required SOL tests**
- ❖ **Talk to my teachers**
- ❖ **Pass all required classes, especially French 2**

- ❖ **Get good grades**
- ❖ **Extra time and effort**
- ❖ **Push myself**





What I need to do to get there:

Roommates:

- ☐ Decide – 1 or 2
- ☐ Overnight support?
- ☐ Craig's list ad
- ☐ Word of mouth
- ☐ Expectations

Place:

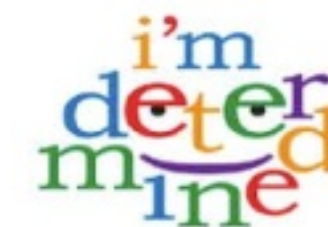
- ☐ Maximum rent (for 2) \$800
- ☐ Visit apartments
- ☐ List – non-negotiables

Money:

- ☐ Figure out how much is available – typical month
- ☐ Make a budget
- ☐ Trust?
- ☐ Emergency fund

Support:

- ☐ Maximum hours available? (Waiver)
- ☐ Transportation to/from work
- ☐ Create a support plan
- ☐ Back-up plan - emergencies



I'M DETERMINED

Determine your goal.

Evaluate what you want to learn and what you already know.

Think about how to achieve and measure your goal.

Establish your action plan.

Recognize barriers and ways to deal with them.

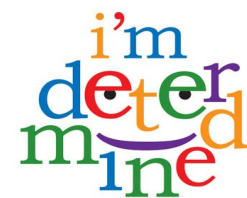
Make your timeline and act on your plan.

Identify what you have learned.

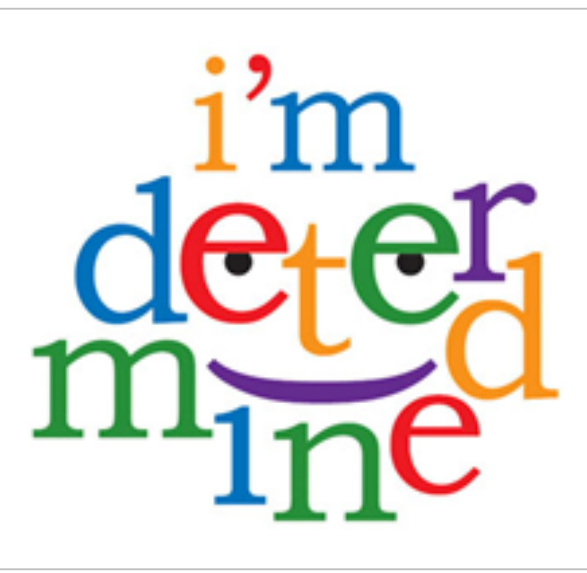
Note what you have accomplished.

Evaluate what you still need to do.

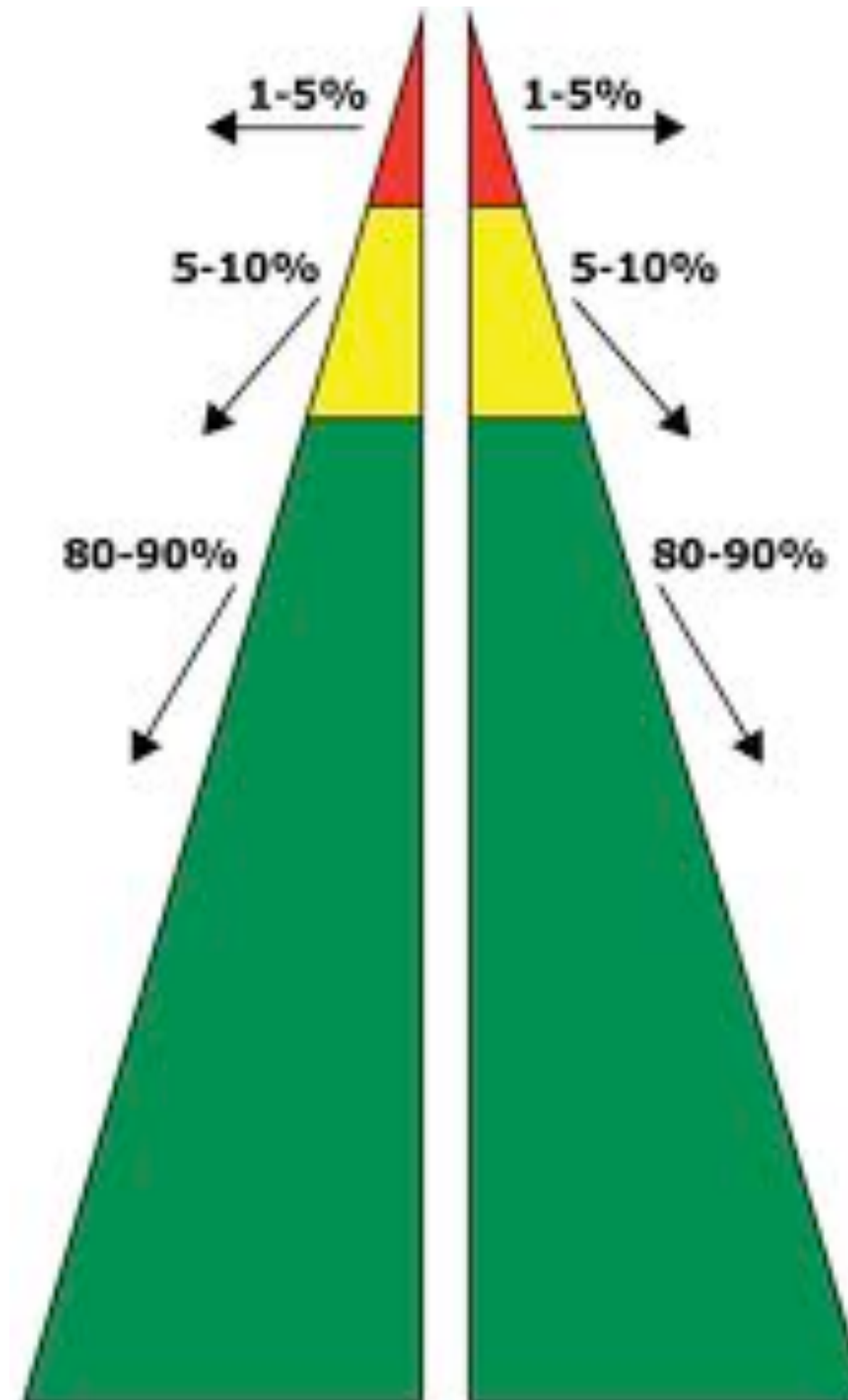
Do it!

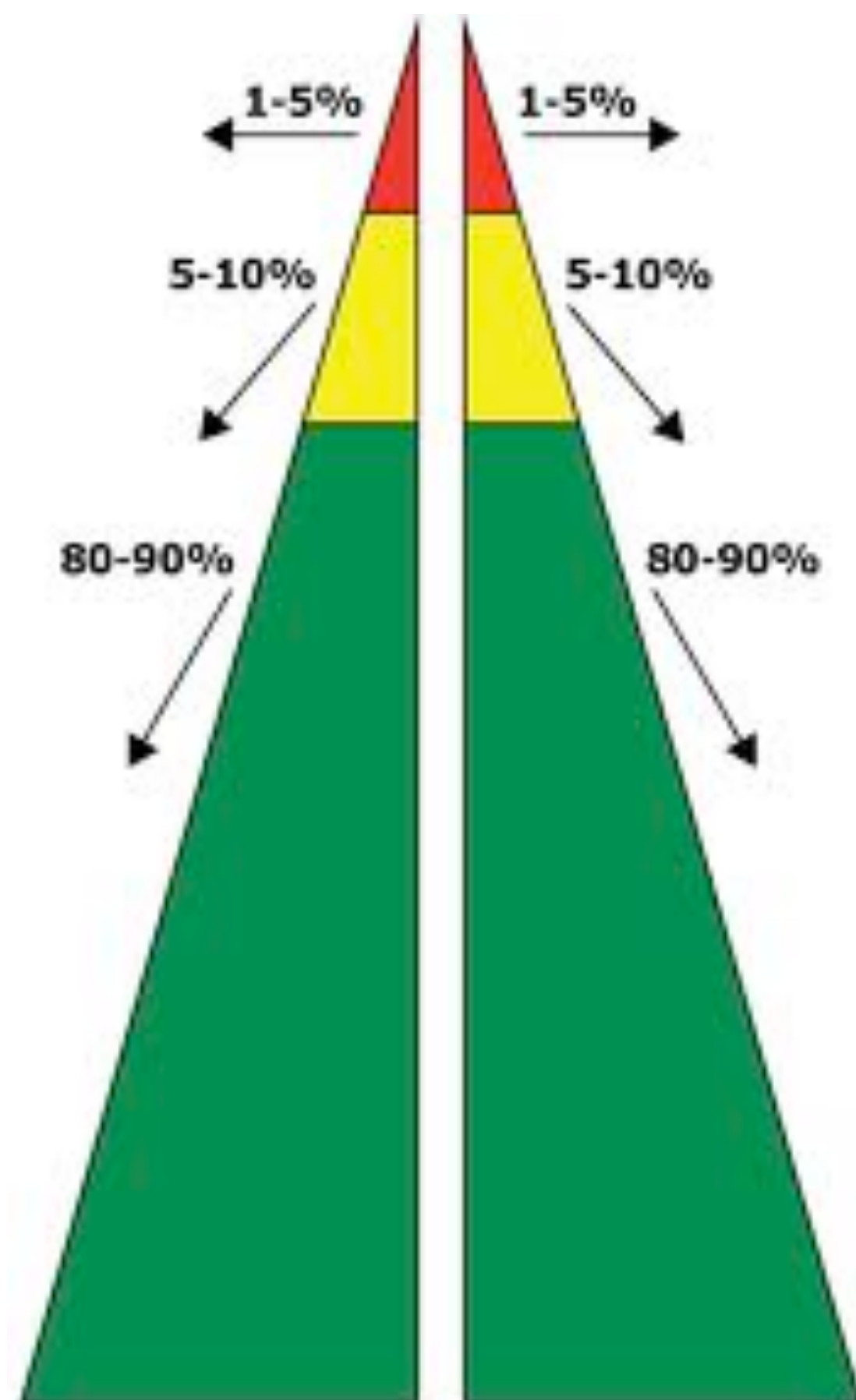
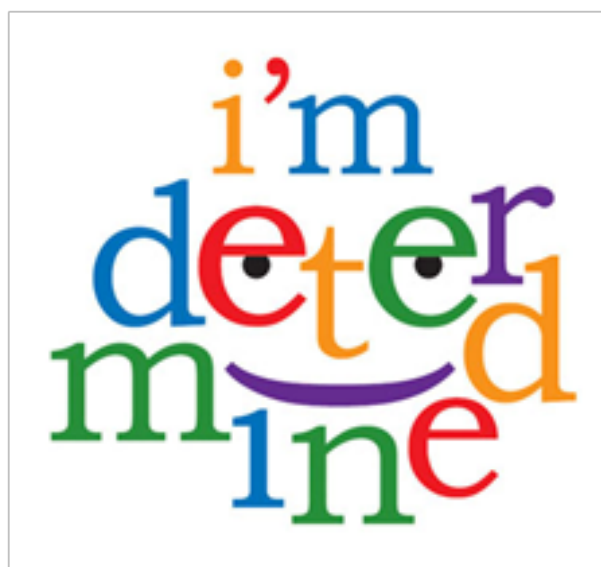


2008 Commonwealth of Virginia Department of Education Training
and Technical Assistance Centers- I'm Determined Project



Applying the Three-Tiered Logic to Your School





Tier 3

Individual student applies long term goal to what they're currently learning in school

Tier 2

Booster session for targeted group looking at short term vs long term goals

Tier 1

5th grade class utilizes decision making skills to attain entry into the schoolwide acknowledgement event

Applying the
Three-Tiered
Logic to Your
School